

Saddle Post Intelligence

The Voice of the Skagit Bicycle Club

Skagit County Washington

May 2011

In this issue:

2

Off the Back

3

May Rides

4

**Ride Reports
&
Freewheeling**

5

**Board Briefs
&
Other Club News**

6

Calendar

7

Club Information

8

Membership Form

May 7

7:00 am- 4:00 pm

**Skagit Spring Classic
Bayview Elementary**

Fifth Annual Retro Ride & Concors d' Elegance By Ken Rasmussen 360 766 8720

Things bode well for this year's Retro Ride. Last year's event was very successful, and it appears that it will be better this year. As I grow less speedy on my bicycle I like to find new ways to enjoy cycling. The Retro Ride has been very successful in that regard for me. It gives me an excuse to own some bicycles that I would have difficulty justifying to myself otherwise, and I enjoy those bikes year around, even though my enjoyment has mostly to do with fixing them up and admiring them. Actually though, properly set up old bikes ride very satisfactorily, and many riders find them as enjoyable, or even more enjoyable than contemporary bikes. Mine all work well, and the ones that fit me give a very good ride.

This year the ride will begin at the Skagit County Historical Museum at 501 4th Street in La Conner. The event begins at 10am on August 21st with a review of bicycles and costumes, followed by a ride of one and three-quarter hours duration, lunch, and a vintage cycling movie. The event is free except for lunch, and is open to all, with or without old, special or unusual bicycles. Costumes may be related to a period in cycling history or utterly fanciful. In other words, whatever way you come will work with the spirit of the event.

Prizes will be given for Most Wonderful Bicycle, Most Wonderful Costume, and Most Wonderful Overall Effect. I plan to give grab bags for prizes, and need your help in getting stuff to put into the grab bags. This is a great opportunity to do something worthwhile with unnecessary stuff that is cluttering up your space. Your donations may be weird--Nutty Mad figurines from the '60's would be excellent, useful--like kitchen utensils or bike tools, odd--like gift underwear you wouldn't be caught dead in, or entertaining--like books, CDs or DVDs. Memorabilia that evokes another age would be wonderful--old comic books or magazines are perfect. I think these grab bags will be fun to win as well as entertaining for the audience to watch as one unusual item after another comes out of the bags.

I also need one to three artistic or humorous volunteers to decorate shopping bag sized grab bags. Shopping bags turned inside out is what I have in mind. I expect to attend most of the Wednesday evening rides, and can accept donations and discuss ideas there.

Off the Back

BY
JEAN SATTLER-WILL



Interesting Stuff

I attended the "Hub and Spoke Tour" meeting in Mount Vernon last March, and came away with an exciting plan to have An Interstate Bicycling System.

In July Secretary of Transportation Ray LaHood embraced the creation of a U.S. Bicycle Route System, a project that will connect many of the existing (and envisioned) bicycle routes around the country into an official national network of cycling routes, linked coast-to-coast across state lines. Some day we may be able to ride across the United States using signage for bicycles. In our State Hwy 20 was one option for across state venue. Bicycle Alliance of Washington is coordinating with WSDOT to gain support for implementation.

If implemented as planned, the U.S. Bicycle Route System will become the largest official cycling network on the planet, encompassing more than 50, 000 miles of routes. These routes will be officially recognized by state and local Departments of Transportation and in some cases marked with signs. Because the system will link existing infrastructure whenever possible-including roads, bike paths, and trails-building the network will be cost-effective.

Communities are excited to be part of this national system due to economic boost it may bring to the locals.

National biking networks in Europe demonstrate that these systems not only dramatically boost economic activity but also the number of trips taken by cycle instead of car. For example, the United Kingdom's National Cycle Network-expanding from 4,200 miles in 2000 to more than 12,000 miles today-has seen total yearly on the network grow from 85 million to 386 million. Seventy-five percent of the UK population now lives within 2 miles of the network.

Bicycle Alliance has some legislative priorities this year, some are rather interesting.

Local Authority Speed Limit (HB 1217), this bill passed the house and awaits Senate action from the Transportation Committee. It proposes to allow cities and towns to set 20 mph speed limit on non-arterials in residential and business districts without having to conduct costly traffic and engineering studies.

Studies have proven the effectiveness at saving lives. In London, 20 mph zones saved 200 lives every year. Additionally, research shows that 20 mph zones reduce cyclist injuries by 17 percent.

Vulnerable Users (SB 5326, HB 1339); This establishes an enhanced infraction for those drivers whose negligent behavior injures or kills bicyclist, pedestrians, or other vulnerable road users.

Be sure to check bicyclealliance.org for regular updates on their Legislative and Statewide issues.

The Spring Classic will be taking place May 7th and cookies are needed. Your help is appreciated!!!! Also, if your interested in helping at a rest stop let Jill Langley know at jlangleynalco.com, or for parking let Janice Lisherness know at bikerjan1@hotmail.com, for registration contact Jane Monroe at janemonroe@aol.com, and to help be a sag contact Marshall Will cesiwill@msn.com, or you can contact Jamie if you not sure what you want to do, Jamie@skagitspringclassic.org. Thank you for you help!

Ride safe, President Jean Sattler-Wil

May Rides

Social Road Rides

- May 3**--6:00pm Stanwood Velo Arlington "Sweet Cakes" Mark Everett 360 629 6415
- May 4**--6:00 pm Anacortes Skagit Cycle Center Bernie Santiago 360 588 8776
- May 5**--10:00 am Edgewater Park W. Mt Vernon "Joyride" Marci Maulden 360 757 8464
- May 10**--6:00pm Stanwood Velo Arlington "Sweet Cakes" Mark Everett 360 629 6415
- May 11**--6:00 pm Anacortes Skagit Cycle Center Bernie Santiago 360 588 8776
- May 12**--10:00 am Edgewater Park W. Mt Vernon "Joyride" Cindy McGuinness 360 428 1816
- May 17**--6:00pm Stanwood Velo Arlington "Sweet Cakes" Mark Everett 360 629 6415
- May 18**--6:00 pm Anacortes Skagit Cycle Center Bernie Santiago 360 588 8776
- May 19**--10:00 am Edgewater Park W. Mt Vernon "Joyride" Jean Sattler-Will 360 710 9577
- May 24**--6:00pm Stanwood Velo Arlington "Sweet Cakes" Mark Everett 360 629 6415
- May 25**--6:00 pm Anacortes Skagit Cycle Center Bernie Santiago 360 588 8776
- May 19**--10:00 am Edgewater Park W. Mt Vernon "Joyride" Dan Sandstrom 360 708 7108
- May 31**--6:00pm Stanwood Velo Arlington "Sweet Cakes" Mark Everett 360 629 6415

Social to Moderate Road Rides

- May 15**--11:00am RLH Whit Whitford 360 757 1357
- May 22**--2:00pm RLH Jeannette Folkertsma 360 445 5924
- May 27**--9:00am Conway Red Barn Jean Sattler-Will 360 710 9577

Moderate Road Rides

- May 1**--9:00 am RLH Rose Ploeg 360 202 1716
- May 3**--6:00pm Anacortes Skagit Cycle Center Ladies RR Bernie Santiago 360 588 8776
- May 10**--6:00pm Anacortes Skagit Cycle Center Ladies RR Bernie Santiago 360 588 8776
- May 17**--6:00pm Anacortes Skagit Cycle Center Ladies RR Bernie Santiago 360 588 8776
- May 24**--6:00pm Anacortes Skagit Cycle Center Ladies RR Bernie Santiago 360 588 8776
- May 31**--6:00pm Anacortes Skagit Cycle Center Ladies RR Bernie Santiago 360 588 8776

Moderate to Brisk Road Rides

- May 21**--Details & map on page 5
8:00am Wenatchee Confluence State Park
Craig Langley 425 760 9126 Rick Teudt 425 356 7251

Brisk Road Rides

- May 5**--6:00 pm Anacortes Skagit Cycle Center Gary Santiago 360 588 8776
- May 5**--6:00pm Conway Red Barn Craig Langley 425 760 9126
- May 11**--6:00 pm Anacortes Skagit Cycle Center Gary Santiago 360 588 8776
- May 12**--6:00pm Conway Red Barn Craig Langley 425 760 9126
- May 13**--9:00 am RLH Jamie Wells 360 424 9287
- May 19**--6:00 pm Anacortes Skagit Cycle Center Gary Santiago 360 588 8776
- May 19**--6:00pm Conway Red Barn Craig Langley 425 760 9126
- May 26**--6:00 pm Anacortes Skagit Cycle Center Gary Santiago 360 588 8776
- May 26**--6:00pm Conway Red Barn Craig Langley 425 760 9126
- May 28**--11:00am Washington School Jim Finch 360 770 5915

Wednesday Night Road Rides

- 6:00 pm Skagit Valley Gardens 18923 West Johnson Road MV May 4**
S/ Short: Janice Lisherness 360 466 3030
B/M & Long/Medium: Eric Knapp 360 421 3604
- May 11**
S/Short: Jane Monroe 360 424 4619
B/M - Long/Medium: Bill Thayer 360 757 2679
- May 18**
S/ Short: Jane Monroe 360 424 4619
B/M & Long/Medium: Craig Langley 425 760 9126
- May 18**
S/ Short: Jeannette Folkertsma 360 445 5924
B/M & Long/Medium: Bill Thayer 360 757 2679

Other Club Events/Rides

- May 3, 10, 17, 24, 31**
5:30-7:00pm--Skagit Valley Community College
Special Olympics Jane Monroe 360 424 4619
- May 6**--6:00pm Bayview Elementary Spring Classic Packet Stuffing Party Jamie Wells 360 424 9287
- May 7--7:00am-- 4:00pm Bayview Elementary Skagit Spring Classic Jamie Wells 360 424 9287**

Other Rides:

- May 1**--8:00amPt.TownsendRhody Bike Tour - 31/61 mile bike tourPort Townsend Bike ClubPTBikes.org
- May 4, 11, 18, 25**--2:30-4:00 pm Little Mountain Elementary Kids Ride Heidi Hixson 360 293 0392
- May 14**--8:00am-10:00am start Camano Country Club Camano Climb 39 mile bike tour Stanwood-Camano Kiwanis
Stanwoodvelosport.com
- May 21**-- 8:00am Anacortes High Tide Ride - 5/25/50/75 mile routes YoungLife.org

RIDE REPORTS & FREEWHEELING

Bridge Sweep Report

April 16, 2011

By Bill Woyski

We had a great turn out for the First Bridge Sweep of 2011, in spite of the less than stellar weather. With a huge and energetic crew of 26 we made short work of moving the winter's load of sand and gravel off the bridge.



The fine bridge crew included some participants to whom I am especially grateful since I believe this is their first bridge sweep, or at least their first in a long time: Thanks to Phil Smoots, George Haigh, Jim Zevely, Jim Asa, Justin Dahl, Samantha Cotton, and Lee Johnson for coming out and joining the fun. And I have huge thanks for all the dedicated cyclists and northern shovelers who show up time and again to keep the bridge clean. Bill Thayer, Jane Monroe, Kathy Thornburgh, Kit Rawson, Tony and Bryanna Barritt, Peggy Ratterman, Dian and Steve Jahn, Rose Ploeg, Janice Lisherness, Marci Maulden, Terri Bakke-Schultz, Ken Rasmussen, Dave Olausen, Michelle McPhee, Whit Whitford and Jen Woyski, all worked hard and got in done in record time. WOW.

Justin Dahl and Samantha Cotton brought a couple of push sweepers that worked like gangbusters to put a polished finish on the bikeway. With a spinning brush that could reach into the corner between the wall and the pathway, they seemed to pick up every last piece of crud.

We noticed that both ends of the bridge appeared to have been attended to by others. On the east side, the pockets around all the wooden posts for the steel guard rail were nice and clean. It looks really great. If some of you club members did that work before I got there, many thanks! The west side seemed to have been swept from the bridge all the way to March Point road.

The rain started just as the sweeping was finishing, so most of us went home hoping to get a ride in later in the day. Jen and I, along with, Terri Schultz, and Dave Olausen and Steve and Dian Jahn did have a nice ride later in the day.

Thursday Joy Ride – March 31

By Cindy McGuiness

There was no encouragement from the skies overhead. Clouds gathered like menacing wash rags ready for a hard squeeze from above. By 11 a.m. only three undaunted (love that word) women had arrived at the Conway Red Barn for the Joy Ride. Being sensibly patient the three women sat together comfortably under cover while rain drops slid down the car windshield. Alas – blue skies come to those that wait a mere 45 minutes! The car doors opened. Janice Lisherness, Marci Maulden, and I stepped outside. This was the essence of joy. We peddled off west, north, west, south, west, south, east, south and east again gathering up all of the roads on and nearby Fir Island. Suddenly while rolling along Fir Island Road, the sound of hundreds of snow geese launched into the sky and gathered to fly directly over our heads. This is when I wished for 4 eyes – 2 for the road, 2 for watching the stunning iridescence of bird wings and bodies against the cloudy backdrop. Thank you Marci and Janice for a joyful 14 mile ride.

Quote of the Month:

“Cleaning a bike’s like cleaning a toilet. If you do it regularly, it’s fine and easy. If you wait, it’s a truly disgusting experience.”

--Steve Gravenites

BOARD BRIEFS & OTHER CLUB NEWS

SBC GENERAL MEETING APRIL 5, 2011 WASHINGTON FEDERAL SAVINGS BURLINGTON, WA

Present: Jean Sattler-Will, Marshall Will, Jen and Bill Woyski, Bill Thayer, Janice Lisherness, Eric Knapp, Craig and Jill Langley, Jim Finch, Jamie Wells and Chris Hanson.

New Members: Tim Light and Kristen Ekstran, and Iver and Elsie of Bow, Colby Plagge of Mt Vernon, Mike Leigh of Ferndale, Martin and Jessica Dubek of Mt Vernon and John Bruemmer of Anacortes.

The February minutes were approved with no corrections. There were no March minutes because the board did not meet in March.

RIDE COORDINATOR'S REPORT:

The Wednesday Night Rides begin this month at Mt Baker Middle School in Mt Vernon at 5:30 pm. The rest of the Wed Night Ride Schedule is as follows:
May- 6:00 pm, Skagit Valley Gardens in Mt Vernon
June- 6:00 pm, Rothenbuhler Engineering in Sedro Woolley
July- 6:00 pm, Bayview State Park. Potluck dinner too.
August 6:00 pm March's Point, Anacortes
September 5:30 pm, Maiben Park, Burlington

NEW BUSINESS:

Janice reported that Skagit Special Olympics is in need of more volunteers to work with the cycling team. This group meets on Tuesdays from 5:30 to 7 pm at the truck training track at Skagit Valley College. Volunteers pair up with a team cyclist and they ride around the track and learn how to ride and handle their bikes.

OLD BUSINESS:

Heidi Hixson's bicycling club at Little Mountain Elementary School in Mt Vernon begins on Friday, April 13th with a bicycle maintenance day. Heidi is still requesting volunteers to come out and ride with the kids in the coming weeks. From April 20th thru May 4th, the riders will be 1st thru 3rd graders. From May 11th thru May 25th, the riders will be 4th thru 6th graders. Please go out and ride with this enthusiastic group!

SPRING CLASSIC:

There was discussion about cookie callers. Cookies can be dropped off at Skagit Cycles in Burlington, and Anacortes, and Stanwood Velo in Arlington. Members, please bake 4-5 dozen cookies to feed hungry riders at the Spring Classic rest stops!

Jean adjourned the meeting at 7:15 pm. Our next board meeting will be on Tuesday, May 3rd, at 6:00 pm at Washington Federal Savings Bank in Burlington.

Respectfully submitted,
Jen Woyski, Secretary

Self Contained Touring Companions Wanted

Unemployed 59-year-old male club member looking for company for a shake-down 3-day, 2 night, 150 mile ride in May. Ride starts and ends in Burlington and will loop the Mountain Loop Highway riding about 50 miles per day.

I'm new to self contained touring but have many years of road riding. I plan on camping both nights. Actual dates to be determined by riders but avoiding Memorial Day weekend due to excessive travelers and campers.

If interested call or email, I would like to have at least one sit-down meeting with all to go over all plans.

Jerry Wade

Jwade0952@frontier.com

Cell: 360 941 4021

Home: 360 755 1261

May 21

Warm May Days (WMD) Wenatchee, WA

Start/Finish: Wenatchee Confluence State Park (campsite #57) Start time: 8 am sharp!

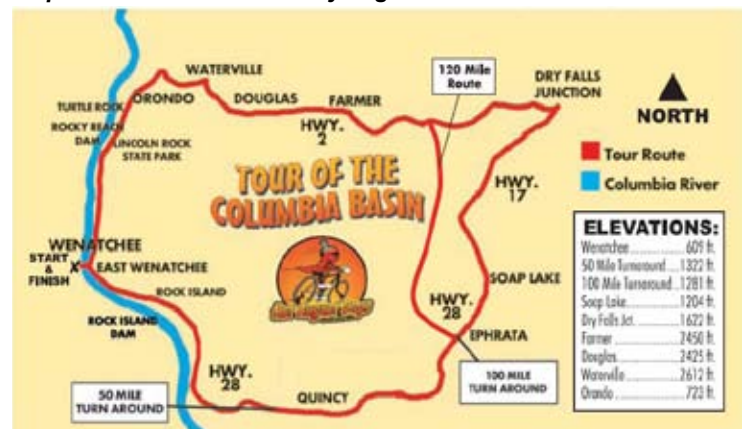
Parking: Parking lot just past the camping area on the way to the boat launch. Sags: There will be sag support on this ride
Route: 120 mile loop (see map), you can make it shorter if you desire by riding out to mile 50 and turning around
Food: Riders will bring a small cooler with snacks and food.
Water will be provided. **Maps and turn-by-turn cue sheets will be provided by ride leaders This is not a race! Pace will be moderate/brisk

Ride Leaders: Craig Langley and Rick Teudt

Rick's cell: 425 356 7251 Craig's cell: 425 760 9126

Email: rick@teudt.com

Please email Rick Teudt by May 10th to reserve a spot! This will help us determine how many sag vehicles we need.



May 2011



Key: RR=Road Ride BFR=Breakfast Ride
 MTBR=Mountain Bike Ride TT=Time Trial
 RLH= Starts at the Ride Leader's Home*
 Ride Pace in MPH: Easy: Under 10 (E)
 Social: 10-12 (S) Moderate: 12-16 (M)
 Brisk 16-20 (B) Strenuous 21+ (ST)

Check the Rides page for expanded descriptions.

1
 11:00AM
 M/RR RLH
 ROSE PLOEG
 360 202 1716

8:00AM
 PT TOWNSEND
 RHODY BIKE TOUR
 PTBIKES.ORG

2



3
 6:00PM
 SBC BOARD MTG
 JEAN SATTLER-WILL
 360 710 9577
 5:30-7:00PM SVCC
 SPECIAL OLYMPICS
 6:00PM LADIES M/RR
 BERNIE SANTIAGO
 360 588 8776
 6:00PM S/RR
 STANWOOD VELO/ARLINGTON
 MARK EVERETT
 360 629 6415

4
 2:30-4:00PM
 KIDS RIDE
 6:00PM
 SKAGIT VALLEY GARDENS
 RR: S/SHORT
 JANICE LISHNESS
 360 466 3030
 RR: B/M-MED/LONG
 ERIC KNAPP 360 421 3604
 6:00PM S/RR
 SKAGIT CYCLE CENTER
 ANACORTES
 BERNIE SANTIAGO
 360 588 8776


5
 10:00AM S/RR
 EDGEWATER PARK MV
 MARCI MAULDEN
 360 757 8464
 6:00PM B/RR
 ANACORTES
 GARY SANTIAGO
 360 588 8776
 6:00PM B/RR
 CONWAY RED BARN
 CRAIG LANGLEY
 360 939 0120

6
 6:00PM
 BAYVIEW
 ELEMENTARY
 SPRING CLASSIC
 STUFFING PARTY
 JAMIE WELLS
 360 424 9287

7
 7:00AM -
 4:00PM
 SKAGIT
 SPRING
 CLASSIC


BAYVIEW ELEMENTARY
 JAMIE WELLS

8



MOTHERS DAY

9



10
 5:30-7:00PM SVCC
 SPECIAL OLYMPICS
 JANE MONROE
 360 424 4619
 6:00PM ANACORTES
 LADIES M/RR
 BERNIE SANTIAGO
 360 588 8776
 6:00PM S/RR
 STANWOOD VELO/
 ARLINGTON
 MARK EVERETT
 360 629 6415

11
 2:30-4:00PM
 KIDS RIDE
 HEIDI HIXSON
 360 293 0392
 6:00PM RR
 SKAGIT VALLEY GARDENS
 SHORT: JANE MONROE
 360 424 4619
 MED/LONG: BILL THAYER
 360 757 2679
 6:00PM S/RR
 ANACORTES
 BERNIE SANTIAGO
 360 588 8776

12
 10:00AM S/RR
 EDGEWATER PARK MV
 CINDY MCGUINNESS
 360 428 1816

6:00PM B/RR
 GARY SANTIAGO
 360 588 8776

6:00PM B/RR
 CRAIG LANGLEY
 360 939 0120

13
 9:00AM
 BRISK RR RLH
 JAMIE WELLS
 360 421 2126

14
 8:00AM-10:00AM
 CAMANO CLIMB 39 MILE
 BIKE TOUR
 STANWOOD-CAMANO
 KIWANIS
 STANWOODVELOSPORT.COM

15
 11:00AM RLH
 M-S/RR
 WHIT WHITFORD
 360 757 1357

16



MAY 16-22
 BIKE
 TO
 WORK
 WEEK

17
 5:30-7:00PM SVCC
 SPECIAL OLYMPICS
 JANE MONROE
 360 424 4619
 6:00PM LADIES M/RR
 BERNIE SANTIAGO
 360 588 8776
 6:00PM S/RR
 STANWOOD VELO/
 ARLINGTON
 MARK EVERETT
 360 629 6415

18
 2:30-4:00PM
 KIDS RIDE
 HEIDI HIXSON
 360 293 0392
 6:00PM RR
 SKAGIT VALLEY GARDENS
 RR/SHORT: JANE MONROE
 360 424-4619
 RR/MED/LONG: CRAIG
 LANGLEY
 425 760 9126
 6:00PM SOCIAL RR
 BERNIE SANTIAGO
 360 588 8776

19
 10:00AM S/RR
 EDGEWATER PARK
 JEAN SATTLER-WILL
 360 710 9577

6:00PM B/RR
 GARY SANTIAGO
 360 588 8776

6:00PM B/RR
 CRAIG LANGLEY
 360 939 0120

20



BIKE TO WORK DAY

Newsletter
 Deadline

21
 8:00AM M-B/RR
 WENATCHEE CONFLUENCE
 STATE PARK
 CRAIG LANGLEY
 425 760 9126
 RICK TEUDT
 425 356 7251

8:00AM
 ANACORTES
 HIGH TIDE RIDE
 YOUNGLIFE.ORG

22
 2:00 PM RLH
 M-S/RR
 JEANNETTE
 FOLKERTSMA
 360 445 5924

23
30

TAKE NOTE:
 MAY 31ST
 WILL HAVE THE
 SAME RIDES
 OFFERED AS THE
 24TH

24
31
 5:30-7:00PM SVCC
 SPECIAL OLYMPICS
 JANE MONROE
 360 424 4619

6:00PM LADIES M/RR
 BERNIE SANTIAGO
 360 588 8776

6:00PM S/RR
 STANWOOD VELO/
 ARLINGTON
 MARK EVERETT
 360 629 6415

25
 2:30-4:00PM KIDS RIDE
 HEIDI HIXSON 360 293 0392
 6:00PM RR
 SKAGIT VALLEY GARDENS
 RR/SHORT: JEANNETTE
 FOLKERTSMA
 360 445 5924
 RR/MED/LONG: BILLTHAYER
 360 757 2679
 6:00PM SOCIAL RR
 BERNIE SANTIAGO
 360 588 8776

26
 10:00AM S/RR
 EDGEWATER PARK ME
 DAN SANDSTROM
 360 708 7108


6:00PM B/RR
 GARY SANTIAGO
 360 588 8776

6:00PM B/RR
 CRAIG LANGLEY
 360 939 0120

27
 9:00AM S-M/RR
 CONWAY RED BARN
 JEAN SATTLER-WILL
 360 710 9577

28
 11:00AM B/RR
 WASHINGTON
 SCHOOL-MV
 JIM FINCH
 360 770 5915

29



SADDLE-POST INTELLIGENCER

PUBLISHED BY THE SKAGIT BICYCLE CLUB P.O. BOX 363 BURLINGTON WA 98233
EDITOR ROSE PLOEG DUTCHPEDALER@YAHOO.COM

Skagit Bicycle Club Officers & Board

President

Jean LaBossiere cesiwill@msn.com

Vice President

Jim Finch JimF@wabulb.com

Secretary

Jen Woyski Jwoyski@gmail.com

Co-Treasurers

Janice Lisherness bikerjan1@hotmail.com

Jeannette Folkertsma folk1234@frontier.com

Past President

Eric Knapp erickimswim@comcast.net,

Board Members

Chris Hanson cahanson94@comcast.net

Dian Jahn stevedianjahn@hotmail.com

Steve Jahn stevedianjahn@hotmail.com

Craig Langley clangley@everettsd.org

Jill Langley jlangley@nalco.com

Marshall Will cesiwill@msn.com

Volunteer Positions

Ride Coordinator Marshall Will cesiwill@msn.com

Spring Classic Coordinator: Jamie Wells

Bridge Sweep Coordinator: Bill Woyski

Membership List Marshall Will cesiwill@msn.com

Web masters: George Haigh george@zappo.org

Tom Jacobson Tomandlori@comcast.net

Website: www.skagitbicycleclub.org

Mailing Address:

The Skagit Bicycle Club

P.O. Box 363 Burlington WA 98233

Calendar Key:

When leading a ride remember to send in descriptions to be included in the ride description section and afterward send in a ride report. Weekends: Friday, Saturday and Sunday are at the end on the right hand side.

RLH: Starts at the ride leaders home.

Pace Description	in MPH
Easy	under 10 mph
Social or Leisurely	10-12 mph
Moderate	12-16 mph
Brisk	16-20 mph
Strenuous	20+ mph

Bike Travel Cases: Deposit is \$100 and is refundable upon the return of the case. The borrower is responsible for the pickup and drop off of the case.

Bike Travel Trailer: "BOB" bike trailer with a water proof duffel Club Bike Racks: Four Yakima bike carriers attach to a roof rack 1 inch round bars front and rear. fork mount/ mounts for the front wheel. Currently kept in the Storage Unit in Mount Vernon. To check out and arrange a pick up of any of the above items contact Bill Thayer 360 757 2679 or Jane Monroe 360 424 4619

Library: To check our books/videos/cd's or to arrange a donation call 360 422 5167 or E-mail Eric or Kim Knapp at erickimswim@comcast.net, .

If you are having issues with the email edition of the Newsletter please contact us through the website or via Marshall Will at 360 929 5003 or cesiwill@msn.com. Copies of the newsletter will be mailed upon request.

Membership benefits include 10% off at the following businesses:

Bicycles NW

31531 SR 20 Oak Harbor 360 279 8919

Racks and Beyond

1817 Bouslog Rd, Burlington, WA 98233

360 428 2665 www.racksandbeyond.com

Skagit Cycle Center

1704 S Burlington Blvd Burlington 360 757 7910

1620 Commercial Ave. Anacortes 360 588 7910

Stanwood Velo Sport Bicycle Shop

401 N Olympic Ave

Arlington, WA 98223 360-629-6415

<http://www.stanwoodvelosport.com>



Skagit Bicycle Club
P.O. Box 363
Burlington WA 98233

Skagit Bicycle Club Membership Form

Check One: New Renewal

Annual Dues: Individual \$ 15.00 Family \$ 20.00

Name
Address
City State Postal Code
Phones
Email:

MAIL TO:

Skagit Bicycle Club P.O. Box 363 Burlington WA 98233

You will receive your Newsletter via Email (arrives faster and in full color!)

Unless you CHECK HERE ⇔ to receive the paper version (not in color)
via US Postal Service